

Infants Menu



Choice A

Happy Tums

Monday

Margherita Pizza
Slice
(G,Mk)

Tuesday

Chicken and Herb
Sausage Roll
(G,E,Su)



Wednesday

Roast Chicken with
Gravy



Thursday

Pasta Bar:
50/50 Penne (G)
Beef and Lentil
Bolognaise (G)



Friday

Breaded Pollock
Filletts (F,E) with
Tartar Sauce (Mu)

Choice B

Meat Free Mains

Jacket Potato
Cheese (Mk)
Baked Beans
Tuna Mayonnaise
(E,F)

Vegan Sausage Roll
(G,So)



Jacket Potato Bar
Baked Beans
Grated Cheese (Mk)
Tuna Mayonnaise
(E,F)

Pasta Bar:
50/50 Penne (G)
Tomato Sauce
Cheese Sauce (G,Mk)



Cheese and Tomato
Pastry Puff
(G,Mk)



Veg

Extra Good

Sweetcorn

Carrots

Parsnips



Select from our
delicious Salad Bar

Peas

Broccoli

Garden Peas

Carrots

Baked Beans

carbs

Fuel Food

Potato Wedges



Mashed Potato
(Mk)

New Potatoes



Garlic & Herb
Focaccia (G)



Oven Baked
Chips

Dessert

Something Sweet

Fresh Fruit Platter
Yoghurt
(Mk,So)

Pear and Vanilla
Topsy Turvey Cake
with Custard
(G,E,Mk,So)

Fruit Jelly

Italian Lemon Cookie
(G,E,Mk)



Fresh Fruit Plater
Yoghurt
(Mk,So)

Salad Bar, Cold Desserts and Fresh Fruit Platters available daily.

Autumn Rooting for Our Planet

From root to tip,
we're using every
part of our root
vegetables in
Captain Earth's
recipes, to make
them good for you
and the planet.



Look for this logo to
find Captain Earth's
tasty dishes!

Week A

07/09/26, 05/10/26,
09/11/26, 07/12/26

Allergens

Please note the allergens shown within these menus are subject to change.

Ce = Celery

Cr = Crustacean

E = Eggs

F = Fish

G = Cereals containing

Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide

Infants Menu



Choice A

Happy Tums

Monday

Macaroni Cheese
(G,Mk)

Tuesday

Chicken Enchilada in
Tomato Sauce
(G,Mk)

Wednesday

Roasted Chicken
Sausage with Onion
Gravy
(G,Su)

Thursday

Mince Beef and
Vegetable Cottage
Pie with Potato and
Parsnip Mash,
Served with Gravy
(Mk)

Friday

Fish Fingers
(G,F,Mu) or Salmon
Fish Fingers (G,F)
with Tartar Sauce
(Mu)

Choice B

Meat Free Mains

Jacket Potato
Cheese (Mk)
Baked Beans
Tuna Mayonnaise
(E,F)

Tex Mex Bean and
Vegetable Enchilada
in a Tomato Sauce
(G)

Jacket Potato
Cheese (Mk)
Baked Beans
Tuna Mayonnaise
(E,F)

Vegan Mince and
Vegetable Cottage
Pie with Potato and
Parsnip Mash,
Served with Gravy
(Mk,So)

Vegetable Fingers (G)
with Tartar sauce
(Mu)

Veg

Extra Good

Cauliflower
Broccoli

Mexican Sweetcorn
Green Beans

Carrots
Cabbage

Mixed Vegetables

Peas
Baked Beans

carbs

Fuel Food

Garlic and Herb
Focaccia (G)

Paprika Potato
Wedges

Mashed Potato
(Mk)

Select from our
delicious Salad Bar

Oven Baked
Chips

Dessert

Something Sweet

Fresh Fruit Platter
Yoghurt
(Mk,So)

Orange Drop Cookie
(G,E,Mk)

Fruit Jelly

Beetroot and Red
Velvet Cake
(G,E,Mk)

Fresh Fruit Platter
Yoghurt
(Mk,So)

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Week B

14/09/26, 12/10/26,
16/11/26, 14/12/26

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F = Fish

G = Cereals containing

Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide

Infants Menu



Choice A

Happy Tums

Roasted Vegetable
Quesadilla
(G,Mk)

Chicken and
Vegetable Curry



Roast Chicken with
Gravy



Pasta Bar:
Beef Meatballs in a
Tomato & Basil
Sauce (G)



Pollock Fillets (F,E)
Served Tatar Sauce
(Mu)

Choice B

Meat Free Mains

Jacket Potato
Cheese (Mk)
Baked Beans
Tuna Mayonnaise
(E,F)

Root Vegetable and
Chickpea Curry



Jacket Potato
Cheese (Mk)
Baked Beans
Tuna Mayonnaise
(E,F)



Pasta Bar:
Tomato Sauce
Cheese Sauce
(G,Mk)



Vegetable and
Chickpea Bubble and
Squeak



Veg

Extra Good

Sweetcorn
Roasted Broccoli

Cauliflower



Green Beans

Carrots

Honey Roasted
Parsnips



Choose from our
delicious Salad Bar

Peas

Baked Beans

carbs

Fuel Food

Potato Wedges



50/50 Rice

New Potatoes



Beetroot and Garlic
Focaccia (G)



Oven Baked Chips

Penne Pasta (G)

Dessert

Something Sweet

Fresh Fruit Platter
Yoghurt
(Mk,So)

Apple Cake and
Custard
(G,E,So,Mk)

Fruit Jelly

Berry Flapjack (G)

Fresh Fruit Platter
Yoghurt
(Mk,So)

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Week C

21/09/26, 10/10/26,
23/11/26

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F = Fish

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Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide

Infants Menu



Choice A

Happy Tums

Vegetable Stir Fry
(G,So)



Beef Chilli Con
Carne



Jerk Chicken



Chicken Sausage Hot
Dog
(G,So,Se)



Fish Fingers
(G,F,Mu) or Salmon
Fish Fingers (G,F)
with Tartar Sauce
(Mu)

Choice B

Meat Free Mains

Jacket Potato Bar
Baked Beans
Grated Cheese (Mk)
Tuna Mayonnaise
(E,F)

Vegan Mince Chilli
(So)



Jacket Potato
Cheese (Mk)
Baked Beans
Tuna Mayonnaise
(E,F)

Vegetable Sausage
Hot Dog
(G,So)



Vegetable Fingers
(G) with Tartar
Sauce (Mu)



Veg

Extra Good

Cauliflower

Green Beans

Cauliflower

Choose from our
delicious Salad Bar

Peas

Broccoli

Cauliflower



Sautee Green Beans

Baked Beans

carbs

Fuel Food

Egg Noodles
(G,E)

50/50 Steamed Rice

50/50 Rice and Peas

Potato Wedges

Oven Baked Chips

Dessert

Something Sweet

Fresh Fruit Platter
Yoghurt
(Mk,So)



Jamaican Ginger
Cake with Orange
Frosting
(G,E,Mk)

Fruit Jelly

Oat and Raisin
Cookie
(G,E,Mk)

Fresh Fruit Platter
Yoghurt
(Mk,So)

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Week D

28/09/26, 02/11/26,
30/11/26

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Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide