



About this Document

These vocabulary pyramids illustrate language progression throughout Get Set 4 PE. While we regularly revisit language in our content to reinforce understanding, the pyramids highlight where key vocabulary is first introduced and where children are encouraged to use it within the given context.



Get Set 4
Education

Vocabulary Pyramid

Athletics



Y2

aim

far

landing

take off

distance

height

sprint



Y1

control

leap

quickly

underarm

further

overarm

time

walk

EYFS

balance

fast

jump

run

slow

target

bend

hop

land

safe

space

throw

direction

jog

rules

safely

stop

- Ball Skills
- Fundamentals
- Games





Get Set 4
Education

Vocabulary Pyramid

Ball Skills



Y2

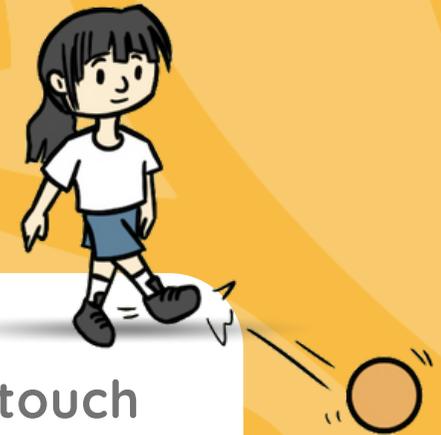
collect

prepare

receive

release

touch



Y1

control

ready
position

soft

swing

track

underarm



EYFS

ball

catch

hit

partner

ready

run

target

bounce

dribbling

kick

points

roll

score

throw



Get Set 4
Education

Vocabulary Pyramid

Dance



Y2

create	expression	mirroring	speed
dynamics	matching	perform	unison



Y1

balance	copy	level	pose
beat	fast	pathway	timing



EYFS

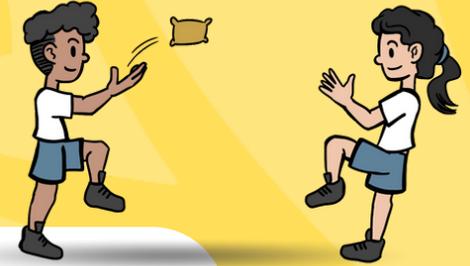
action	direction	high	move	shape	space	travel
counts	finish position	low	quickly	slowly	start position	



Get Set 4
Education

Vocabulary Pyramid

Fitness



Y2

speed

sprint

steady

time

tired

Y1

active

bones

brain

breathing

calm

exercise

healthy

heart

memory

mood

muscles

quick

strong



EYFS

balance

bend

copy

fast

hold

hop

jump

land

run

safely

slow

space

squeeze

still

stop

travel

- Gymnastics
- Fundamentals



Get Set 4
Education

Vocabulary Pyramid

Fundamentals



Y2

hurdle

speed

sprint

take off

weight



Y1

dodge

jog

ready
position

skip

swing



EYFS

balance

bend

crawl

direction

fast

hop

jump

land

rules

run

safely

slide

slow

space

stop

travel



Get Set 4
Education

Vocabulary Pyramid

Gymnastics

Y2

link

pathway

pike

sequence

straddle

tuck



Y1

action

control

direction

level

speed



EYFS

around

copy

land

roll

star

through

balance

hold

over

shape

still

travel

bend

jump

rock

squeeze

straight





Get Set 4
Education

Vocabulary Pyramid

Invasion Games



Y2

attack

opponent

send

teammate

defend

possession

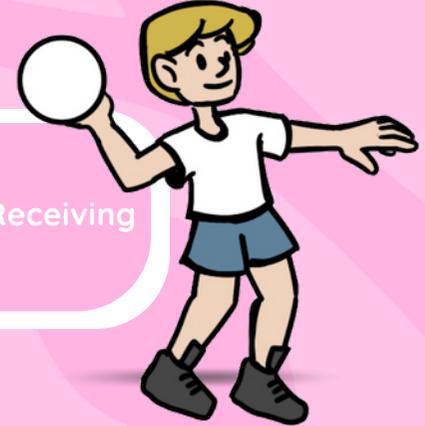
shoot

goalkeeper

receive

tactic

Sending and Receiving



Y1

attacker

dodge

mark

defender

goal

track

Sending and Receiving



EYFS

aim

direction

kick

partner

points

safely

stop

win

bounce

dribble

land

pass

rules

score

team

catch

jump

lose

path

run

space

throw

- Ball Skills
- Fundamentals
- Games



Get Set 4
Education

Vocabulary Pyramid

Net and Wall Games



Y2

against

quickly

return

defend

receive

trap

Sending and Receiving

Y1

net

racket

ready
position

track

underarm

Sending and Receiving



EYFS

aim

direction

partner

run

space

throw

catch

hit

points

safely

stop

win

lose

rules

score

target

- Ball Skills
- Fundamentals
- Games



Get Set 4
Education

Vocabulary Pyramid

OAA



Y2

communicate
include

map
solve

successful
support

Team Building



Y1

challenge

instructions

listen

share

co-operate

lead

plan

talk

Team Building



EYFS

backwards

forwards

path

safely

sideways

stop

direction

partner

rules

score

space

team

- Introduction to PE
- Games



Get Set 4
Education

Vocabulary Pyramid

Striking and Fielding Games

Y2



backstop

runs

tactics

Sending and Receiving

collect

stump

teammate

Y1



batter

bowler

hit

ready position

Sending and Receiving

batting

fielder

out

track

bowl

fielding

overarm

underarm



EYFS

aim

jump

partner

rules

score

team

- Ball Skills
- Fundamentals
- Games

catch

land

pass

run

space

throw

direction

lose

points

safely

stop

win



Get Set 4
Education

Vocabulary Pyramid

Swimming



Y2

enter

exit

float

glide

pull

Y1

back

breath

front

rules

splash

blow

bubbles

kick

safely

travel





Get Set 4
Education

Vocabulary Pyramid

Target Games



Y2

accurate

opponent

strike

Sending and Receiving

ahead

release

teammate

Y1

balance

further

swing

Sending and Receiving

distance

overarm

underarm



EYFS

aim

catch

hit

lose

ready

run

space

team

ball

caught

jog

partner

roll

safely

stop

throw

bounce

dribble

jump

points

rules

score

target

win

- Ball Skills
- Fundamentals
- Games



Get Set 4
Education

Vocabulary Pyramid

Yoga



Y2

choose

create

flexibility

flow

perform

strength



Y1

breath

feel

focus

listen

pose

stretch



EYFS

balance

copy

hold

shape

space

still

straight

bend

fast

safely

slow

squeeze

stop

- Fundamentals
- Gymnastics

