

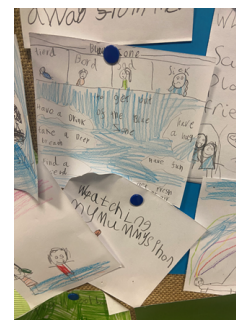
Our attachment and trauma informed whole school approach

“Every interaction is an intervention”

Zones of regulation - what have we done so far?

2023/ 24

- 17th October 2023 - SENCO attended EYFS training around Zones of regulation
- 7th November 2023 - training for all staff - training slides shared by email for those unable to attend
- Zones of regulation Google file was set up with suitable resources
- Week by week plan was devised - same powerpoint was used by every teacher to help deliver a consistent message
- Use of books and videos to explain abstract concepts and emotions
- Displays are up in most classrooms - reception and year 2 - year 1 are planning to move rooms due to the roof work and don't currently have a display, but have completed all of the lessons.
- A main display has been added to the hall - discuss during assembly
- Ensure relationship/ behaviour policy and other school policies and documents refer to this approach.
- Add approach to staff lanyards - refer to on a regular basis



Next steps - 2024/ 25

- Share information with staff on the Zones of regulation during the start of the year INSET
- Ensure displays are consistent and are in all classrooms - regulation stations have started and are being used in KS1 classrooms
- Establishing an emotionally rich environment in each classroom - referring back to the zones of regulation language regularly
- SENCO to visit a school with a well established zones of regulation approach - What next?
- Monitor the impact on behaviour
- Gather pupil voice in relation to the Zones of Regulation language - do the children know what the zones are? Do they know which strategies to use, when they are in a specific zone?