

Easter 2022



Kingston Programme
Children's Centre services
serving: Kingston, New Malden,
Old Malden, Chessington,
Surbiton and Tolworth



Further information

Find us online:

Twitter: [@AforC_info](#)

Facebook: <https://www.facebook.com/groups/2579582222120629>

Website: www.afcinfo.org.uk

AfC Kingston Town Children's Centre

Email: kingstonccs@achievingforchildren.org.uk

AfC Chessington Children's Centre

Email: kingstonccs@achievingforchildren.org.uk

AfC Tolworth Children's Centre

Email: kingstonccs@achievingforchildren.org.uk

AfC Old Malden Children's Centre

Email: kingstonccs@achievingforchildren.org.uk

Outreach phone number: 07784 006661 and 07849 305143

Translation advice

Translation Advice

Please contact us if you need this leaflet in Braille, large print, on audio tape or in another language.

Phone: 020 8891 1411.

Introduction

Welcome to Kingston Children's Centre Services

Our Children's Centres are places where all families with children under five, and expectant mothers and fathers, can go to help their children to get the best start in life.

We are pleased to be able to continue to offer sessions in our centres throughout the Easter break.

This timetable will cover

4 April to 18 April 2022

In order to ensure equal access for all families please call the named Centre no sooner than 2 working days prior to each bookable session.

Thank you

Our Aims

- To promote high quality inclusive education and care from birth to five years.
- To provide all-inclusive opportunities for parents and carers to meet and support each other.
- To offer support, advice and information to parents, carers and families, through multi agencies e.g. Health Visitors, Midwives Nurseries, Pre Schools, Schools and Family Support Workers.
- To support and develop parents and carers awareness of how to become a "Play Partner" for their children and how to help their children be ready for school.
- To promote and support parents and carers in healthy lifestyles and preparing their children for school.

Our Objectives

- To provide well planned age appropriate, all-inclusive sessions and activities to extend children's learning through the Early Years Foundation Stage.
- To provide an environment that is friendly, relaxed, supporting and welcoming to all families.
 - To have staff who will lead by example and model good practice.
 - To make information available that is clear for parents.

Our sessions

Please join our Facebook Group for further updates and information.

<https://www.facebook.com/groups/kingstonchildrenscentres>

Midwives appointments

By appointment only.

Health Visitors clinic and review appointments.

Initially by invitation only please speak to your health visitor for further information.

Breast Feeding Support

Feeding advice and support for expectant and feeding Mums. Booking essential for appointments at Kingston Town, other sessions are drop in.

1-1 Children's Centre Sessions

Bookable appointments to meet with Centre staff to discuss any concerns you may have while your child plays.

Stay & Play Sessions

All of our Stay & Play sessions include a variety of indoor and outdoor activities for you and your child to have fun and learn together. Sessions include toys, activities and singing. We would like to request a Voluntary contribution of £2.50 for attendance to help pay for the costs of the session

0 – 18 month Baby Stay & Play, Under Ones & Baby Play

Designed to support Mums new to motherhood. Meet others, share experiences and have lots of age appropriate play. Social, Sensory and Discovery play.

Rhymetime

Story, songs and rhymes with actions and instruments. Suitable for all, 0-5 years.

Messy Play

A fun messy session with lots of wet and dry sensory and tactile experiences for your child to explore.

Please dress prepared to get messy!

Healthy Start Vitamins

Exchange your vouchers or purchase from the Centre. £1.50 for children's vitamins. £1.00 for adult vitamins. Call to book.

Easter: 4 to 18 April 2022

MONDAYS

Tolworth

4 April & 11 April
Midwives clinic
appointments only

11 April
Rhyme Time
10:00-10:45am
Songs, rhymes, musical instruments and Makaton rhymes.

Booking essential
call the Centre the on
020 8339 9848
Please call no sooner than 2 working days prior to the session

18 April
Easter Monday
Centre Closed

Chessington

4 April
Junior Jammers
10:00-10:45am
Musical singing session for children aged 0-5 years
£6.00 per child
£10.00 for child and sibling
To book visit
www.juniorjammers.co.uk

4 April
Baby Jammers
11:00-11:45am
Musical singing session for children aged 0-18 months
£5.00 per child
To book visit
www.juniorjammers.co.uk

4 April & 11 April
Midwives clinics
appointments only

18 April
Easter Monday
Centre Closed

Old Malden

4 April
Rhyme Time
10:00-10:45am
Songs, rhymes, musical instruments.
Booking essential
call the Centre the on
020 8241 0837
Please call no sooner than 2 working days prior to the session

4 April & 11 April
Midwives clinics
appointments only

Breastfeeding Support Drop In
9:30-11:30am
Breastfeeding support for feeding and expectant Mums.
Drop in session, no need to book.

Health Visitors
Well Baby Clinic
9:00-12:30pm
Appointments available with the Health Visiting Team
Please bring your Red Book.
Call 020 8949 9974/8505 to book

Appointments Only

18 April
Easter Monday
Centre Closed

Kingston Town

4 April & 11 April
Midwives clinics
appointments only

11 April
Under 5 Stay and Play
10:00-11.30am
Play session with fun indoor and outdoor activities and singing.

Booking essential
Please call the Centre
0208 481 0640
to book
Please call no sooner than 2 working days prior to the session.

18 April
Easter Monday
Centre Closed

Virtual

Facebook
Please join our Facebook page for information and updates on any new upcoming courses or events.
Kingston Children's Centre
Facebook

Information

Online Registration Form
If you have not attended a Kingston Children's Centre in the past or you have a new addition to your family please complete our online registration form
Online registration form

Voluntary Contribution
We request a voluntary contribution of £2.50 for attendance at our sessions to support the cost of fruit and resources.

Play Pass
For families where making a donation may prove difficult or who are in receipt of benefits.
Please speak to a member of staff.

Tolworth

5 April & 12 April
Midwives clinics
appointments only

12 April
Messy Play
10:30-11:30am

A fun messy session with lots of wet and dry sensory and tactile experiences for your child to explore.

Please dress prepared to get messy!

Booking essential

Please call 020 8339 9848 to book

Please call no sooner than 2 working days prior to the session

Chessington

5 April
Rhyme Time
10:00-10:45am
Songs, rhymes, musical instruments.

Booking essential
call the Centre the on 020 8397 2006 (option 5)
Please call no sooner than 2 working days prior to the session

5 April & 12 April
Breastfeeding Support Drop In
1:00-3:00pm
Breastfeeding support for feeding and expectant Mums.
Drop in session, no need to book.

5 April & 12 April
Health Visitors
Well Baby Clinic
1:00-4:30pm
Appointments Only
Appointments available with the Health Visiting Team.
Please bring your Red Book
Call 020 8408 8512

Old Malden

5 April
0-5 Stay and Play
9:30-11:00am
Play session with fun indoor and outdoor activities and singing.

Booking essential
Please call 020 8241 0837
Please call no sooner than 2 working days prior to the session

5 April
Let's Nurture
1:30-2:45pm
Small group play session for children under the age of 5 that have SEND.
Invitation only

If you have concerns about your child's social and communication development please call the team on 020 8241 0837

5 April & 12 April
Midwives clinics
appointments only

Kingston Town

5 April & 12 April
Midwives clinics
appointments only

5 April & 12 April
Health Visitors
Well Baby Clinic
9:00-12:00pm

Appointments Only
Appointments available with the Health Visiting Team.
Please bring your Red Book
Call 020 8549 3672 to book

5 April & 12 April
Health Visitors
Child Health Reviews
1:00-3:00pm
Appointments Only

12 April
Let's Play
1:30 – 3:00pm
Small group play sessions for families.
Invitation only

Virtual

Facebook
Please join our Facebook page for information and updates on any new upcoming courses or events.

Kingston Children's Centre
Facebook page

Upcoming Events

Baby Massage
5 week course promoting bonding, attachment, muscle and brain development.
£25 per course.

To request a place on our next available course please complete the booking form.

[To book](#)

Parenting
To express an interest in our 6 week Parenting course please complete the online form:

[To book](#)

1-1 Children's Centre sessions
Limited bookable sessions to discuss particular issues with a member of the Children's Centres team. Contact your local Centre for more information.

Easter: 4 to 18 April 2022

WEDNESDAYS

Tolworth

6 April & 13 April
Midwives clinics
appointments only

6 April & 13 April
Health Visitor
Well Baby Clinic
1:30-3:00pm

Appointments Only
Appointments available with
the Health Visiting Team.
Please bring your Red Book
Call 020 8274 7719

13 April
Under 18 Months Stay & Play
10:30-12:00pm
Session for families with
babies under 18 months.
Booking essential
Please call 020 8339 9848
to book
Please call no sooner than 2
working days prior to the session.

Chessington

6 April
Under 5 Stay and Play
9:30-11:30am
Play session with fun indoor
and outdoor activities and
singing.

Booking essential
Please call the Centre on
020 8397 2006 option 5
to book.
Please call no sooner than 2
working days prior to the session.

6 April & 13 April
Health Visitors
Child Health Reviews
1:00-3:00pm
Appointments Only

6 April & 13 April
Midwives clinics
appointments only

Old Malden

6 April
Under 18 Months Stay & Play
10:30-12:00pm
Session for families with
babies under 18 months.

Booking essential
Please call 020 8241 0837
to book
Please call no sooner than 2
working days prior to the session

6 April & 13 April
Midwives clinics
appointments only

6 April & 13 April
Health Visitors
Well Baby Clinic
9:00 – 12:00pm
Appointments Only
Appointments available with
the Health Visiting Team.
Please bring your Red Book
Call 020 8949 9974/8505
to book

Kingston Town

6 April & 13 April
Midwives clinics
appointments only

6 April & 13 April
Health Visitors
Well Baby Clinic
9:00-1:00pm

Appointments Only
Appointments available with
the Health Visiting Team.
Please bring your Red Book
Call 020 8549 3672
to book

6 April & 13 April
Breastfeeding Support
9:30-12:00pm
Breastfeeding support for
feeding and expectant Mums.
Please call 020 8274 7709 to
book your appointment.

13 April
Rhyme Time
10:00-10:45am
Songs, rhymes, musical
instruments and Makaton
rhymes.
Booking essential
call the Centre the on
020 8481 0640
Please call no sooner than 2
working days prior to the session

Virtual

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[Kingston Children's Centre](#)
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Voluntary Contribution
We request a voluntary
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attendance at our sessions to
support the cost of fruit and
resources.

Play Pass
For families where making a
donation may prove difficult
or who are in receipt of
benefits.
Please speak to a member of
staff.

Tolworth

7 April & 14 April
Midwives clinics
appointments only

14 April
Under 5 Stay and Play
10:00-11:30am
Play session with fun indoor
and outdoor activities and
singing.

Booking essential
Please call the Centre on
020 8339 9848
to book
Please call no sooner than 2
working days prior to the session.

Chessington

7 April & 14 April
Centre Closed

Old Malden

7 April
Messy Play
10:30-11:30am

A fun messy session with lots
of wet and dry sensory and
tactile experiences for your
child to explore.
Please dress prepared to get
messy!

Booking essential
Please call 020 8241 0837
to book
Please call no sooner than 2
working days prior to the session.

14 April
Centre Closed

Kingston Town

7 April & 14 April
Midwives clinics
appointments only

7 April & 14 April
Health Visitors
Well Baby Clinic
9:00-1:00pm
Appointments Only
Appointments available with
the Health Visiting Team.
Please bring your Red Book
Call 020 8549 3672
to book

14 April
Messy Play
10:00-11:00am
A fun messy session with lots
of wet and dry sensory and
tactile experiences for your
child to explore.
Please dress prepared to get
messy!
Please call the Centre on
020 8481 0640
to book
Please call no sooner than 2
working days prior to the session.

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5 week course promoting
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£25 per course.
To request a place on our
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To express an interest in our 6
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[To book](#)

1-1 Children's Centre sessions
Limited bookable sessions to
discuss particular issues with
a member of the Children's
Centres team. Contact your
local Centre for more
information.

Tolworth

8 April
Midwives clinics
appointments only

8 April
Breastfeeding Support Drop In
9.30-12:30pm
Breastfeeding support for feeding and expectant Mums. Drop in session, no need to book.

8 April
Junior Jammers
10:00-10:45am
Musical singing session for children aged 0-5 years
£6.00 per child
£10.00 for child and sibling
To book visit
www.juniorjammers.co.uk

8 April
Baby Jammers
11:00-11:45am
Musical singing session for children aged 0-18 months
£5.00 per child
To book visit
www.juniorjammers.co.uk

15 April
Good Friday
Centre Closed

Chessington

8 April
Midwives clinics
appointments only

8 April
Under 12 Months Stay & Play
9:45-11:15am
Session for families with babies under 12 months.
Booking essential
call the Centre to book
020 8397 2006 option 5.
Please call no sooner than 2 working days prior to the session.

15 April
Good Friday
Centre Closed

Old Malden

8 April
Centre Closed

15 April
Good Friday
Centre Closed

Kingston Town

8 April
Midwives clinics
appointments only

15 April
Good Friday
Centre Closed

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[Online registration form](#)

Chat & Play sessions

You can come and chat with our local experts about any concerns you might have, they will be able to give advice and signpost you to further support, if appropriate.

Sessions include
Portage
Educational Psychology
Speech & Language
Sensory (sight & hearing)
OT & Physio

For further information please visit

www.afcinfo.org.uk
or our Facebook Page
<https://www.facebook.com/groups/kingstonchildrenscentre>
[es](#)

Useful numbers

Single Point of Access

020 8547 5008

Families Information Service

020 8547 5215

Relate

020 8940 8578

Victim Support

0845 450 3936

National DV 24hr Helpline

0808 2000 247

Homestart

020 8296 0654

Kingston Hospital Antenatal Clinic

020 8934 3863

NHS 111 (previously NHS Direct)

111

NHS 119 COVID Test Booking

119

National Breastfeeding Helpline

0300 100 0212

Citizens Advice Bureau Kingston

020 3166 0953

Mon, Tues, Thurs, Fri 10-3.30pm

Where are we?

Tolworth Children's Centre

School Lane, Tolworth, KT6 7QJ

Telephone: 020 8339 9848

Chessington Children's Centre

Buckland Road, Chessington, KT9 1JE

Telephone: 020 8397 2006

Kingston Town Children's Centre

Villiers Road, Kingston, KT1 3AR

Telephone: 020 8481 0640

Old Malden Children's Centre

Sheephouse Way (entrance on
Lawrence Avenue), New Malden, KT3 5NB

Telephone: 020 8241 0837

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