

# WEEK 1 | MENU



MON


TUES

WED

THU


FRI

## MAIN MEAL

Beef burger in a bun  
with sliced tomato and  
tomato ketchup  
(Ce, Mu, G, Su) 

Pepperoni and  
mozzarella pizza  
(G, E, Mk)

Pork sausages (Su,G)

Beef Bolognaise with  
penne  
(G) 

Breaded cod fish  
fingers (F,G)

## VEGETARIAN

Vegetarian burger  
in a bun with sliced  
tomato and tomato  
ketchup  
(E, Mk, G)

Mozzarella & tomato  
Pizza  
(G, Mk, E)

Quorn sausages  
(E, G, Mk)

Vegetarian  
Bolognaise with  
penne

Vegetarian puff pastry  
sausage roll  
(So,E,G)

(G, Mk, E)

## VEGGIES

Carrots and cucumber  
sticks

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Creamy mash (Mk)  
...  
Broccoli

Garlic bread  
(So,Mk,G)  
...  
Sweetcorn


Oven baked chips  
...  
Baked beans

## PUDDING

Chocolate brownie  
and (G, Mk, E)

Sugar free spiced  
carrot cake with  
orange frosting  
(G,E,Mk) 

Fruit jelly pots

Sugar free  
banana flapjack  
(G) 

Marmalade pudding  
(Mk,E,G)



ITALIAN DAY  
24TH SEPTEMBER



INDIAN DAY  
15TH OCTOBER



BONFIRE NIGHT  
5TH NOVEMBER



NATIONAL COOKIE DAY  
3RD DECEMBER

## ★ ALLERGENS ★

Ce = Celery F = Fish L = Lupin Mu = Mustard Se = Sesame Seeds  
Cr = Crustacean G = Cereals Mk = Milk N = Nuts So = Soya  
E = Eggs containing Gluten Mo = Molluscs P = Peanuts Su = Sulphur Dioxide