

Tea Menu

Week 1



Our lunch menus
feature yummy
seasonal ingredients!



Mains

Monday

Tuesday

Wednesday

Thursday

Friday

Vegetable Chilli
with Nachos
(Mk, So)

Jacket Potato
with
Baked Beans
or
Tuna Mayonnaise
(F, E)

Roasted Vegetable
and Mozzarella
Quesadilla
(G, Mk, Ce)

Beef Burger
(G, So, Su, Se)
Or
Vegetarian Burger
(G, E, Se)
with Relishes and
Sauces

Margherita Pizza
with Coleslaw
(G, E, Mk)

Sides

Selection of Salads

Dessert

Fresh Fruit
(None)
Or
Fruit Yoghurt
(Mk, So)

Fresh Fruit
(None)
Or
Fruit Yoghurt
(Mk, So)

Fresh Fruit
(None)
Or
Fruit Yoghurt
(Mk, So)

Fresh Fruit
(None)
Or
Fruit Yoghurt
(Mk, So)

Fresh Fruit
(None)
Or
Fruit Yoghurt
(Mk, So)

Dates

Weeks Commencing:
1/9/25, 29/9/25,
3/11/25, 1/12/25

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

Allergens

Tea Menu

week 2



Mains

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato and Basil Penne Pasta (G)	Jacket Potato with Cheesy Baked Beans (Mk) or Chicken and Sweetcorn Mayonnaise (E)	Chicken (Mk,So) or Vegetable Fajitas with Nachos (So)	Chicken Hot dog (G,Su,Se) or Vegetarian Hot Dog (G,Ce,Se) with Relishes and Sauces	Cheese and Tomato Turnover (G,Mk,E)

Sides

Selection of Salads

Dessert

Fresh Fruit (None) Or Fruit Yoghurt (Mk, So)	Fresh Fruit (None) Or Fruit Yoghurt (Mk, So)	Fresh Fruit (None) Or Fruit Yoghurt (Mk, So)	Fresh Fruit (None) Or Fruit Yoghurt (Mk, So)	Fresh Fruit (None) Or Fruit Yoghurt (Mk, So)
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Dates

Weeks Commencing:
8/9/25, 6/10/25,
10/11/25, 8/12/25

Allergens

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide



Tea Menu

Week 3



Our lunch menus
feature yummy
seasonal ingredients!

Mains

Monday	Tuesday	Wednesday	Thursday	Friday
Cheesy Macaroni Pasta (G, Mk, Mu)	Jacket Potato with Baked Beans or Tuna Mayonnaise (F, E)	BBQ Chicken Wrap with Crunchy Slaw (G, Mk) Or Vegan BBQ Vegetable Wrap (G)	Sweet and Sour Stir Fry Chicken and Noodles (G, E) or Vegetable Sweet and Sour Stir Fry (G, E)	Margherita Pizza with Coleslaw (G, E, Mk)

Sides

Selection of Salads

Dessert

Fresh Fruit (None) Or Fruit Yoghurt (Mk, So)	Fresh Fruit (None) Or Fruit Yoghurt (Mk, So)	Fresh Fruit (None) Or Fruit Yoghurt (Mk, So)	Fresh Fruit (None) Or Fruit Yoghurt (Mk, So)	Fresh Fruit (None) Or Fruit Yoghurt (Mk, So)
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Dates

Weeks Commencing:
15/9/25, 13/10/25,
17/11/25, 15/12/25

Allergens

Ce = Celery	F = Fish	L = Lupin	Mu = Mustard	Se = Sesame Seeds
Cr = Crustacean	G = Cereals containing Gluten	Mk = Milk	N = Nuts	So = Soya
E = Eggs		Mo = Molluscs	P = Peanuts	Su = Sulphur Dioxide



Tea Menu

Week 4



Our lunch menus
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Mains

Monday

Pesto Penne Pasta
(G,E,Mk)

Tuesday

Jacket Potato
with
Cheesy Baked
Beans (Mk)
or Chicken and
Sweetcorn
Mayonnaise
(E)

Wednesday

Homemade
Cheese and Potato
Pasty
(Mk,G,Mk)

Thursday

Chicken Burger
(G,Se)
or Vegetable
Burger
(G,E,Se)
With Relishes and
Sauces

Friday

Chicken
(Mk,So)
or Vegetable
Fajitas with
Nachos
(So)

Sides

Selection of Salads

Dessert

Fresh Fruit
(None)
Or
Fruit Yoghurt
(Mk, So)

Fresh Fruit
(None)
Or
Fruit Yoghurt
(Mk, So)

Fresh Fruit
(None)
Or
Fruit Yoghurt
(Mk, So)

Fresh Fruit
(None)
Or
Fruit Yoghurt
(Mk, So)

Fresh Fruit
(None)
Or
Fruit Yoghurt
(Mk, So)

Dates

Weeks Commencing:
22/9/25, 20/10/25,
24/11/25

Allergens

Ce = Celery

Cr = Crustacean

E = Eggs

F = Fish

G = Cereals

containing Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide