

WEEK 1 MENU

Coombe Hill Infants School SUMMER TERM

Look out for this icon on our menus for a better choice for you!



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|---|--|---|--|---|
| Main Meal | Mild chicken curry with coconut and sweet sultanas (Mk) | Beef burger in a bun with relish and tomato ketchup (Su,Mk,G,Ce) | Herefordshire roast pork, gravy (G) and Bramley apple sauce | Traditional Italian beef lasagne (G,Mk,E) | Battered pollock fillet with lemon and homemade tartare sauce (F,G,E,Mu,Mk) |
| Vegetarian | Saag Aloo, a mild curry of spinach and potato (Mu,Mk) | Quorn burger in a bun (G,Mk,E) | Wholegrain penne pasta with a rich tomato and fresh basil sauce (G) | Vegetable lasagne (G,Mk,E) | Mixed roasted sweet pepper wholemeal quiche (Mk,E,G) |
| Carbohydrates | Pilau rice (Mk,Mu) | Jacket potato wedges | Fluffy roast potatoes | Garlic bread (Mk,G) | Homemade potato wedges |
| Vegetables | Roasted cauliflower ... Green beans | Buttered sweetcorn (Mk) ... Homemade coleslaw (E,Mk,Mu) | Roasted carrots ... Broccoli florets | Mixed summer salad ... Roasted root vegetables | Garden peas ... Baked beans |
| Dessert | Home baked banana cake with vanilla custard (Mk,E,G) | Apricot and sultana oaty flapjack (Su,G,Mk) | Mixed fruit jelly pot | Victoria sponge filled with strawberry jam (Mk,E,G) | Fresh fruit salad (-) |

Salad bar, jacket potatoes, fresh bread, and a selection of homemade cold desserts, yoghurts

LOOK OUT!
ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals containing Gluten
L = Lupin

Mk = Milk
Mo = Molluscs
Mu = Mustard

N = Nuts
P = Peanuts

So = Soya
Su = Sulphur Dioxide

Se = Sesame Seeds

SPECIAL DAYS!

APRIL 25TH



MAY 9TH



JUNE 13TH



JULY 4TH



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Week 1 menu commencing: 16 April, 7 May, 4 June, 25 June, 16 July

For more info visit:
www.accentcatering.com



WEEK 2 MENU

Coombe Hill Infants School SUMMER TERM

Look out for this icon on our menus for a better choice for you!



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|---------------------------------------|---|---|--|---|
| Main Meal | Beef bolognaise (Mk,G,E) | Chicken thighs with a peri peri sauce (E,G) | Roast Norfolk turkey breast served with homemade parsley stuffing and gravy (So,Mk,E,G) | Pizza pepperoni (Mk,G) | MSC cod baked fish fingers served with lemon and homemade tartare sauce (F,G,Mu,Mk,E) |
| Vegetarian | Quorn bolognaise (G,E) | Baked free range egg omelette with cheddar cheese and roasted tomato (Mk,E) | Italian potato gnocchi with a vegetable ratatouille sauce (Mk,G) | Fresh Italian dough pizza topped with mozzarella and tomato (G,Mk) | Roasted pepper stuffed with cous cous, apricots and sultanas (Su,G,Ce) |
| Carbohydrates | Spaghetti (G) | Cous cous (G) | Fluffy roast potatoes | | Homemade potato wedges |
| Vegetables | Steamed green beans ... Carrots | Sweetcorn ... Homemade coleslaw (E,Mk,Mu) | Steamed summer cabbage ... Roasted carrots | Garden peas ... Steamed cauliflower | Garden peas ... Baked beans |
| Dessert | Peaches and ice cream (Mk) | Sticky Jamaican ginger cake (E,Mk,G) | Mixed fruit jelly pot (-) | Summer fruit crumble (Mk,G) | Fresh fruit salad (-) |

Salad bar, jacket potatoes, fresh bread, and a selection of homemade cold desserts, yoghurts

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SPECIAL DAYS!

APRIL 25TH



MAY 9TH



JUNE 13TH



JULY 4TH



Week 2 menu commencing: 23 April, 14 May, 11 June, 2 July

For more info visit:
www.accentcatering.com



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HERB OF THE MONTH! ...



APRIL CAPTAIN CORIANDER!



MAY CHAMPION CHERVIL!



JUNE BRAVE BASIL!



JULY DOCTOR DILL!

WEEK 3 MENU

Coombe Hill Infants School SUMMER TERM

SPECIAL DAYS!

APRIL 25TH



MAY 9TH



JUNE 13TH



JULY 4TH



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| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|--|---|---|--|---|
| Main Meal | Farm assured pork sausages with gravy (Su,G) | Moroccan lamb tagine with chickpeas, lemons and coriander (G) | Roast beef (none) with gravy (G) and Yorkshire pudding (Mk,E) | Sticky BBQ chicken with a honey glaze (So,Su,G,Ce) | Battered pollock fillet (F,G) |
| Vegetarian | Quorn sausages with gravy (Su,G) | Quorn, sweet potatoes and spinach Rogan Josh curry (xxx) | Roasted Mediterranean vegetable filo pie (Mk,G) | Macaroni and cheese with a crunchy topping (Su,Mk,G,E) | Mild vegetable chilli con carne with sour cream (Mu,Ce) |
| Carbohydrates | Creamy mashed potato (Mk) | Steamed rice | Fluffy roast potatoes | Herby cous cous (G) | Homemade potato wedges |
| Vegetables | Buttered sweetcorn (Mk) ... Steamed courgettes | Green beans ... Roasted cauliflower | Steamed broccoli ... Roasted butternut squash | Spicy coriander carrots ... Mixed summer salad | Garden peas ... Baked beans |
| Dessert | Carrot cake with cream cheese frosting (Mk,E,G) | Lemon and lime sponge cake (Mk,E,G) | Mixed fruit jelly pot (-) | Apple crumble with custard (Mk,G,E) | Fresh fruit salad (-) |

Salad bar, jacket potatoes, fresh bread, and a selection of homemade cold desserts, yoghurts and fresh fruit every day.

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Week 3 menu commencing: 30 April, 21 May, 18 June, 9 July

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HERB OF THE MONTH!
...



APRIL CAPTAIN CORIANDER!



MAY CHAMPION CHERVIL!



JUNE BRAVE BASIL!



JULY DOCTOR DILL!