


Week 1

# Coombe Hill Infant's School

## Autumn Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef bolognaise (none) 	Sancho Polo chicken Thighs (E,G) 	Roast turkey with stuffing and gravy (G)	British farm assured beef burger with sauces and relish burger (G)	Baked breaded fish fillet (Mu,F,E,G)
VEGETARIAN MAIN MEAL	Quorn bolognaise (So,G,E)	Tomato and pepper gnocchi bake (G,Mk)	Cauliflower cheese with crunchy topping (So,Mk,G)	Vegetarian burger (Se,G)	Roasted pepper, courgette, onion and cheddar quiche (Mk,E,G)
CARBOHYDRATE	Spaghetti (G,E)	Turmeric rice	Roasted potatoes		Homemade potato wedges
VEGETABLES	Sweetcorn ... Sauté leeks	Coleslaw (Mu,Mk,E) ... Green beans	Broccoli florets ... Roasted root vegetables	Carrots Garden peas	Courgette ... Baked beans
DESSERT	Jam sponge pudding and custard (Mk,E,G)	Mixed fruit jelly Pot	Fruit of the month dessert 	Mixed fruit cobbler with custard (Mk,G)	Fresh fruit salad (none)

**Salad bar, fresh breads, and a delicious selection of cold desserts, yoghurts and fresh fruits every day.**

For more info visit: [www.accentcatering.co.uk/food](http://www.accentcatering.co.uk/food)

Week 1 menu commencing: 4 September, 25 September, 16 October, 13 November, 4 December

**LOOK OUT!  
ALLERGENS**

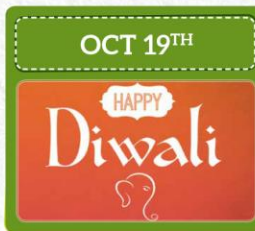
**Ce = Celery**  
**Cr = Crustacean**  
**E = Eggs**

**F = Fish**  
**G = Cereals containing Gluten**  
**L = Lupin**

**Mk = Milk**  
**Mo = Molluscs**  
**Mu = Mustard**

**N = Nuts**  
**P = Peanuts**  
**Se = Sesame Seeds**

**So = Soya**  
**Su = Sulphur Dioxide**





 = Reduced sugar



Week 2

# Coombe Hill Infant's School

## Autumn Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken Rogan Josh and mango chutney (none) 	Butcher's pork sausage with mash (Su,Mk,G)	Roast beef with Yorkshire pudding and gravy (Mk,E,G) 	Pepperoni focaccia (Mk,G)	Fish fingers (F,G)
VEGETARIAN MAIN MEAL	Mild vegetable korma (Su,Mu,Mk,Ce)	Vegetarian sausage and gravy (G,So)	Potato, cheese and onion puff pastry pie (Mk,E,G)	Cheese and tomato pizza (So,Mk,G,E)	Mixed bean and rice burrito (Mu,Mk,G)
CARBOHYDRATE	Rice (none)	Creamy mashed potatoes (Mk)	Roasted potatoes		Homemade potato wedges
VEGETABLES	Carrots ... Savoy cabbage	Cauliflower ... Green beans	Broccoli ... Sweetcorn	Green beans ... Carrots	Baked beans ... Garden peas
DESSERT	Berry fruit crumble with custard (G,Mk)	Baked pear and chocolate sponge with chocolate sauce (Mk,E,G)	Fruit of the month dessert	Mixed fruit jelly pot	Fresh fruit salad (none)

**Salad bar, fresh breads, and a delicious selection of cold desserts, yoghurts and fresh fruits every day.**  
For more info visit: [www.accentcatering.co.uk/food](http://www.accentcatering.co.uk/food)

Week 2 menu commencing: 11 September, 2 October, 30 October, 20 November, 11 December

**LOOK OUT!  
ALLERGENS**

*Ce = Celery  
Cr = Crustacean  
E = Eggs*

*F = Fish  
G = Cereals containing Gluten  
L = Lupin*

*Mk = Milk  
Mo = Molluscs  
Mu = Mustard*

*N = Nuts  
P = Peanuts  
Se = Sesame Seeds*

*So = Soya  
Su = Sulphur Dioxide*

 = Reduced sugar

SEP 21<sup>ST</sup>

ITALIAN  
DAY

OCT 19<sup>TH</sup>

HAPPY  
Diwali

NOV 3<sup>RD</sup>

BONFIRE  
NIGHT

DECEMBER




★ ★ ★  
Your Special  
Christmas  
lunch



Week 3

# Coombe Hill Infant's School

## Autumn Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Turkey stir fry with noodles (E,G)	Shepherd's pie (Su,So,Mk,G,Ce) 	Roast chicken with stuffing and gravy (G)	Farm assured beef lasagne (So,Mk,E,G) 	Baked breaded fish fillet (Mu,F,E,G)
VEGETARIAN MAIN MEAL	Vegetable stir fry and noodles (So,Mu,E,G,Ce)	Quorn shepherd's pie (G,Ce,Mk,E)	Wholemeal macaroni cheese (Mk,G)	Vegetable lasagne (Mk,G,E)	Vegetarian burger in a sesame seed bun (Se,Mu,Mk,E,G)
CARBOHYDRATE	Noodles	Creamy mashed potatoes (Mk)	Roasted potatoes		Homemade potato wedges
VEGETABLES	Mediterranean roasted vegetables ... Broccoli florets	Roasted cauliflower ... Garden peas	Savoy cabbage ... Sweetcorn	Mixed salad ... Carrots	Green beans ... Baked beans
DESSERT	Peach crumble with custard (G,Mk)	Mixed fruit jelly Pot	Fruit of the month dessert 	Warm sultana flapjack (Mk,G)	Fresh fruit salad (none)

**Salad bar, fresh breads, and a delicious selection of cold desserts, yoghurts and fresh fruits every day.**  
For more info visit: [www.accentcatering.co.uk/food](http://www.accentcatering.co.uk/food)

Week 3 menu commencing: 18 September, 9 October, 6 November, 27 November, 18 December

**LOOK OUT!  
ALLERGENS**

**Ce = Celery**  
**Cr = Crustacean**  
**E = Eggs**

**F = Fish**  
**G = Cereals containing Gluten**  
**L = Lupin**

**Mk = Milk**  
**Mo = Molluscs**  
**Mu = Mustard**

**N = Nuts**  
**P = Peanuts**  
**Se = Sesame Seeds**

**So = Soya**  
**Su = Sulphur Dioxide**



= Reduced sugar

SEP 21<sup>ST</sup>

**ITALIAN  
DAY**

OCT 19<sup>TH</sup>

**HAPPY  
Diwali**

NOV 3<sup>RD</sup>

**BONFIRE  
NIGHT**

DECEMBER

★ ★ ★  
*Your Special  
Christmas  
lunch*