

YOUR CHI

CURRENT NEWS, HIGHLIGHTS AND INFORMATION FOR YOU & YOUR CHILDREN

Thursday 8 February — Issue 18 'Happy and Healthy' Week

This week we were focussing on positive mental health with a variety of activities in school including massage, mindfulness, colourful healthy cooking and circle times.

(Please read the 'Insight' article, available on the school website, on ten ways to promote positive mental health and well-being in children).

On Monday all the children took part in 'Sign to Sing' and on Thursday, Lion Class told the story of 'Journey' by Aaron Becker in their class assembly.

Have a very happy and healthy half term



Our Learning Behaviour after half term is...

Tigger—Resilient
We work hard

I keep on trying!



Kanga—Responsible
We look after property

I am a reliable person!



Owl—Resourceful
We try our best

I am good at solving problems!



Eeyore—Reasoning
We listen to others and make the right choices

I am good at thinking!



Winnie the Pooh—Respectful
We are gentle, kind and helpful

I am a good friend!



These are the **LEARNING BEHAVIOURS** which we focus on in school - Respectful, Resilient, Responsible, Resourceful Reasoning. We focus on one learning behaviour a week and the children are encouraged to apply these skills/behaviours to their learning and play. As you can see, they also link to our Golden Rules.

The children are rewarded with these stickers in our Friday commendation assemblies. If your child comes home wearing one of these stickers, please ask them about it.