Week 1

Coombe Hill Infants' School



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork sausages with gravy (G,Su,Mk,E) 	Lamb Rogan Josh (none) Wimbledon special	Roast beef with Yorkshire pudding and gravy (Mk,E,G)	BBQ chicken (Su)	Cod fish fingers (F,G)
VEGETARIAN MAIN MEAL	Vegetarian sausage and gravy (G,So)	Garam masala with chickpeas, vegetables and a yoghurt dressing (Su,Mk,G)	Jacket potato with 5 bean mild chilli	Macaroni cheese (So,Mk,G,E)	Baked omelette with tomato and cheddar (Mk,E)
CARBOHYDRATE	Mashed potato (Mk)	Rice (none)	Roasted potatoes	Cous cous (G)	Homemade potato wedges
VEGETABLES	Broccoli Sweetcorn	Green beans Mediterranean roasted vegetables	Peas Carrots	Sweetcorn Sauté courgette	Peas Baked beans
DESSERT	Peach crumble with custard (G,Mk)	Strawberry Tub ice cream (Mk)	Fruit of the month dessert	Marmalade sponge and custard (Mk,E,G)	Fresh fruit salad (none)

















Ce = Celery Cr = Crustacean E = Eggs

For more info visit: www.accentcatering.co.uk/food

Week 1 menu commencing: 17 April, 8 May, 5 June, 26 June, 17 July

F = FishG = Cereals containing Gluten

Salad bar, fresh breads, and a delicious selection of cold desserts, yoghurts and fresh fruits every day.

Mk = MilkMo = Molluscs Mu = Mustard

N = NutsP = Peanuts Se = Sesame Seeds

So = SoyaSu = Sulphur Dioxide Week 2

Coombe Hill Infants's School



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Spaghetti bolognaise (G,E) 	Lamb tagine (none) St Georges day Independence day	Roast turkey with stuffing and gravy (G)	Mild Chicken curry (none) Australian day	Breaded pollock fillet (G,Mu,F,E)
VEGETARIAN MAIN MEAL	Quorn bolognaise (So,G,E)	Tarka Dahl with spinach (Mk,G)	Vegetable Roast (E,G)	Penne pasta in a tomato sauce with mixed leaf salad (G)	Vegetable and Chick Pea Paella
CARBOHYDRATE	Spaghetti (G,E)	Cous Cous (G)	Roasted potatoes	Turmeric rice (Su,Ce)	Homemade potato wedges
VEGETABLES	Courgette with oregano (Mk) Sweetcorn	Carrots Green beans	Sweetcorn Peas	Broccoli Mediterranean roasted vegetables	Garden peas Baked beas
DESSERT	Reduced sugar flapjack (Su,Mk,G)	Sticky toffee pudding with toffee sauce (So,Mk,E,G)	Fruit of the month dessert	Mixed fruit jelly Pot	Fresh fruit salad (none)



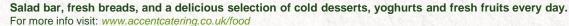












Week 2 menu commencing: 24 April, 15 May, 12 June, 3 July



Ce = Celery Cr = Crustacean E = Eggs

F = FishG = Cereals containing Gluten

Mk = MilkMo = Molluscs Mu = Mustard

N = NutsP = Peanuts Se = Sesame Seeds So = SoyaSu = Sulphur Dioxide





Week 3

Coombe Hill Infants' School



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	British farm assured beef burger with sauces and relish burger (G)	Mild tandoori chicken with mint yoghurt and mango chutney (Mk,Su)	Roast chicken, sage and onion stuffing with gravy (G)	Pepperoni focaccia (Mk,G)	Cod fish fingers (F,G)
VEGETARIAN MAIN MEAL	Vegetarian burger (Se,G)	Mild vegetable chilli con carne with nachos (Mu,Ce)	Cauliflower, broccoli and spinach bake with a crunchy topping (Mk,G)	Margherita focaccia (Mk,G)	Summer vegetable filo tart (G,E)
CARBOHYDRATE	Burger buns	Steamed rice	Roasted potatoes		Homemade potato wedges
VEGETABLES	Broccoli Sweetcorn	Peas Cabbage	Carrots Sliced green beans	Peas Broccoli	Baked beans Carrots
DESSERT	Summer fruit fool (Mk)	Carrot cake with frosted top (Mk,E,G)	Fruit of the month dessert	Mixed fruit jelly Pot	Fresh fruit salad (none)

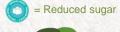


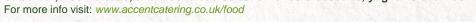












Week 3 menu commencing: 1 May, 22 May, 19 June, 10 July



Ce = Celery Cr = Crustacean F = Fish

G = Cereals containing Gluten

Salad bar, fresh breads, and a delicious selection of cold desserts, yoghurts and fresh fruits every day.

Mk = MilkMo = MolluscsMu = Mustard

N = NutsP = Peanuts Se = Sesame Seeds So = SoyaSu = Sulphur Dioxide



